





Monitoring of Active Studies

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1 Introduction

- 1.1 The Academic & Clinical Central Office for Research & Development (ACCORD) is a joint office comprising clinical research management staff from NHS Lothian (NHSL) and the University of Edinburgh (UoE).
- 1.2 The purpose of trial monitoring is to verify that:
 - (a) The rights and well-being of participants are protected.
 - (b) The reported trial data are accurate, complete, and verifiable from source documents.
 - (c) The conduct of the trial is in compliance with the currently approved protocol/amendment(s), with Good Clinical Practice (GCP), and with the applicable regulatory requirement(s).
- 1.3 The site Monitoring Visit (MV) is required to conduct the activities as defined in the monitoring plan. The MV is also to provide oversight of the site and support to the site research team. The monitor acts as the main line of communication between the site and the sponsor. All activities and findings are documented in the MV report, which is filed in the Trial Master File (TMF) and/or Sponsor File. The monitor will support the site in resolving all findings until resolution.

2 Purpose

2.1 To document the procedure for monitoring selected active studies, including on-site and remote monitoring, for studies sponsored by NHSL and/or the UoE, and triggered monitoring of studies hosted by NHSL.







3 Scope

3.1 This SOP applies to the Senior Clinical Trials Monitor, Clinical Trials Monitor, or any other individual, who will conduct and document monitoring activities on behalf of the sponsor(s).

4 Responsibilities

- 4.1 The Clinical Trials Monitor, or designee, is responsible for conducting MVs (including reporting and follow up) and remote monitoring as required by the combined risk assessment and documented in the study specific monitoring plan.
- 4.2 The Senior Clinical Trials Monitor is responsible for assigning a member of the team to conduct the monitoring visit and for reviewing the monitoring visit report.

5 Procedure

5.1 Before the Monitoring Visit

- 5.1.1 The Clinical Trials Monitor, or designee, will liaise with the Principal Investigator (PI), or site contact, to arrange a MV for each site as defined in the monitoring plan. Email confirmation will be filed in the Trial Master File (TMF)/Sponsor file held by ACCORD.
- 5.1.2 The Clinical Trials Monitor, or designee, will outline the requirements for the MV. It will be made clear to the PI, or site contact, that site files, case report forms and source documents are to be made available for the MV. Where applicable it will be agreed which participant medical notes will be required.
- 5.1.3 The site MV may include visits to any supporting departments (e.g. pharmacy/laboratory/archive facility), which will be arranged prior to the MV where possible.
- 5.1.4 The Clinical Trials Monitor, or designee, will review the latest approved protocol and relevant study documents in preparation for the MV.







- 5.1.5 The monitoring and Source Data Verification (SDV) plans will be reviewed as preparation for the MV and any issues identified, with regard to following the monitoring and SDV plans, will be escalated to the Senior Clinical Trials Monitor.
- 5.1.6 The preceding Site Initiation Visit (SIV) or MV report and relevant follow-up letter and any contact reports documenting communication since the last MV will be reviewed for any outstanding actions that need to be addressed. This will be used to set objectives for the MV in conjunction with the monitoring and SDV plan.
- 5.1.7 Where required by the monitoring plan, the TMF or Sponsor File (held in the ACCORD Monitoring Office) will be reviewed against the appropriate Document Checklist (CR001-T01, CR001-T02 or CR001-T03) for any documents needed to complete the relevant study file. Missing documents will be sourced before or during the MV to complete the file.

5.2 During the Monitoring Visit

- 5.2.1 The Clinical Trials Monitor, or designee, will meet with the PI, or site contact, at the start of the MV to discuss any concerns from either party and to briefly outline the plan for the MV.
- 5.2.2 The Clinical Trials Monitor, or designee, will use any new information from this discussion to prioritise actions for the MV.
- 5.2.3 The SDV and monitoring plan will be followed and all activities documented. The number of MVs planned will allow for the SDV plan to be completed.
- 5.2.4 The MV report template (CM002-T01) and Performing a Monitoring Visit template (CM002-T05) will be used as a guide and prompt for activities to be conducted at the site. For any activities not completed during the MV, this will be reflected in the MV report as actions for the next MV.
- 5.2.5 The Clinical Trials Monitor, or designee, will highlight any errors in Case Report Form (CRF) entry. Errors in CRFs or source documents must be corrected by a suitably delegated trial team member.
- 5.2.6 The Clinical Trials Monitor, or designee, will assess if training or refresher training is required at any stage during the study. Any training needs will be highlighted to the PI. Training needs could include but are not limited to SOP training, protocol training







- or GCP training. Where appropriate, the Clinical Trials Monitor, or designee, will arrange for training to be conducted and documented.
- 5.2.7 Suitability of facilities will be considered at each MV and in the event of an issue being raised by the trials team with regard to appropriate facilities being available for trial conduct. If facilities cease to be available during the study, the Clinical Trials Monitor, or designee, will report the issue to the sponsors' representative(s) and Quality Assurance staff.
- 5.2.8 Where required by the monitoring and/or SDV plan, the Clinical Trials Monitor, or designee, will review the TMF and/or ISF at the study site against the appropriate Document Checklist (CR001-T01, CR001-T02 or CR001-T03) for any documents needed to complete the relevant study files. Missing documents will be highlighted to the study team for inclusion in the TMF and/or ISF.
- 5.2.9 The Clinical Trials Monitor, or designee, will meet with the PI or site contact at the end of the MV to discuss any findings and any actions. If there are any serious issues uncovered at the MV, these must be raised with the PI and Senior Clinical Trials Monitor as soon as possible. If the PI is not available in person then follow-up will be carried out via a phone call or e-mail. Any phone or e-mail contact must be documented in the MV report or evidence of communication filed.
- 5.2.10 The Clinical Trials Monitor will enter the necessary details of the MV into the MV Log (CM002-T04). The PI, or designee, will countersign the entry.

5.3 After the Monitoring Visit

- 5.3.1 Subsequent to the visit, the MV report (CM002-T01) and follow-up letter (CM002-T06) will be prepared by the Clinical Trials Monitor, or designee, who conducted the visit. The report will be completed with factual information only. No personal opinions or comments will be documented in the report.
- 5.3.2 The MV report will be subject to review by the Senior Clinical Trials Monitor, or designee, in accordance with the monitoring plan, before the Clinical Trials Monitor provides the follow up letter to the study site. Review must be completed by an individual who did not complete the MV report.
- 5.3.3 The MV follow-up letter will be sent to the PI, copying in any relevant study team members. If any issues relate to supporting departments, these departments will also







- be copied in. In the follow-up letter it will be made clear which actions are intended for the study team.
- 5.3.4 Target times for completion of MV report, completion of review and sending follow up letter to PI are outlined in the monitoring plan. Where target times were not met, justification will be documented.
- 5.3.5 The MV report will be made available to the sponsors' representative(s). Copies of the MV report and follow-up letter will be stored securely in the TMF and/or Sponsor File held within the ACCORD monitoring office.
- 5.3.6 Any significant findings identified at a MV will be highlighted to the sponsors' representative(s) as soon as possible and discussed at the Sponsorship Meeting. Significant findings at a trial site will prompt consideration of a further triggered monitoring visit or triggered audit.
- 5.3.7 Actions identified during the MV will be followed up to resolution using the Monitoring visit actions log (CM002-T03). This can be sent to and completed by the study team or completed by the ACCORD monitor. Correspondence around completion of actions will be filed with CM002-T03 in the TMF and/or Sponsor file.

5.4 Contact Reports

5.4.1 When communication with sites between MVs reveals information relevant to the outcome of the trial or relating to participant safety, or any other issue which requires additional documentation these data will be documented in a Contact Report. Contact Report Forms (CM002-T02) will be prepared and signed by the Clinical Trials Monitor, or designee, reviewed by the Senior Clinical Trials Monitor or designee where required, and filed in the TMF and/or Sponsor File.

5.5 Remote Monitoring Visits

5.5.1 Methods for remote monitoring will be described in the SDV plan. The SDV plan will also describe the means by which completion of remote monitoring activities are documented. The timeline for production of the relevant documentation will be the same as onsite monitoring visits unless otherwise stated in the SDV plan. Evidence of remote monitoring will be filed in the TMF and/or Sponsor file.

5.6 Triggered Monitoring Visits







- 5.6.1 Significant findings at a trial site will prompt consideration of a further triggered monitoring visit or triggered audit. Any additional study specific triggers for a monitoring visit will be captured in the monitoring plan. The appropriateness of a triggered monitoring visit will be discussed by the Senior Clinical Trials Monitor, or designee, representatives of the sponsor(s) and where appropriate the relevant contact within the Research and Development (R&D) office that granted management approval for the trial site. This communication and the decision reached will be documented using an appropriate method in the TMF and/or Sponsor File and Investigator Site File (ISF), if applicable.
- 5.6.2 Studies that have not undergone the combined risk assessment process or where, following combined risk assessment, monitoring was not deemed necessary, may be subject to triggered monitoring where issues relating to participant safety and well-being, validity of study data or compliance with relevant regulations are identified by any means. The decision to carry out a triggered monitoring visit will be made through discussion between the sponsor(s) and Senior Clinical Trials Monitor. These discussions will be documented appropriately in the TMF and ISF, where applicable.
- 5.6.3 Studies hosted by NHS Lothian Health Board may be subject to triggered monitoring where issues relating to participant safety and well-being, validity of study data or compliance with relevant regulations are identified by any means. The decision to carry out a triggered monitoring visit will be made through discussion between the sponsor(s) and Senior Clinical Trials Monitor. These discussions will be documented appropriately in the TMF and ISF, where applicable.

6 References and Related Documents

- CM002-T01 Monitoring Visit Report
- CM002-T02 Contact Report
- CM002-T03 Monitoring Visit Actions Log
- CM002-T04 Monitoring Visit Log
- CM002-T05 Performing a Monitoring Visit
- CM002-T06 Monitoring Visit Follow Up Letter
- CR001-T01 Document Checklist (CTIMP)
- CR001-T02 Document Checklist (non-CTIMP)
- CR001-T03 Document Checklist (Medical Device)
- ICH-GCP E6(R2) Guidelines







7 Document History

Version Number	Effective Date	Reason for Change	
1.0	14 SEP 2011	New procedure.	
2.0	05 FEB 2016	New SOP template and updated SOP title.	
		Introduction of contact report template and update	
		to monitoring visit report template. Change to	
		documentation of remote monitoring.	
3.0	20 MAR 2017	Relocation of the Monitoring Visit Log from CR007	
		to CM002. New Monitoring Visit Log renamed	
		CM002-T04.	
4.0	15 AUG 2018	Change of author. Inclusion of a new template,	
		CM002-T05 (Performing a Monitoring Visit).	
		Clarification on the completion of CM002-T03	
		(Monitoring Visit Actions Log), and the production	
		of relevant documentation related to Remote	
		Monitoring Visits. Minor changes to CM002-T01 and	
		CM002-T03.	
5.0	28 OCT 2020	Inclusion of a new template: CM002-T06 Monitoring	
		Visit Follow Up Letter. Update to state that email	
		confirmation of monitoring visit to be filed in the	
		Trial Master File/Sponsor File as applicable.	
6.0	03 FEB 2025	SOP and associated documents (CM002-T01 to T06)	
		moved to new ACCORD document templates	

8 Approvals

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Jan 16, 2025

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